



# Maheshwari Public School International (MPS International)

Bhabha Marg, Tilak Nagar, Jaipur  
Governed by: The Education Committee of The Maheshwari Samaj (Society), Jaipur  
A Co-educational CBSE English Medium School

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CIRCULAR

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Dear Parents,

As part of our ongoing efforts to enhance our students' cognitive abilities and fine motor skills, we are excited to introduce the **concept of Ambidextrousness!**

## What is Ambidextrousness?

Ambidextrousness refers to the ability to perform tasks with both hands equally well. Research shows that developing ambidexterity improves:

- Brain coordination and balance
- Hand-eye coordination
- Fine motor skills
- Problem-solving abilities
- Creativity and adaptability
- Academic performance

## How can you motivate your child?

1. Encourage your child to perform daily tasks (e.g., brushing teeth, eating, drawing) with their non-dominant hand.
2. Practice simple exercises like writing, coloring, or puzzles with both hands.
3. Make it fun! Play games that require using both hands (e.g., catching balls, playing musical instruments).

## Classroom Initiative

To reinforce this practice, we invite students to bring an old or thin notebook to class. Whenever they have free time, they can practice ambidextrous exercises. We'll collect and review their notebooks periodically to track progress.

## How you can support at home:

1. Designate a practice time each day (10-15 minutes).
2. Encourage your child to use their non-dominant hand for various tasks.
3. Monitor progress and provide positive reinforcement.

**Let's work together to unlock our students' hidden potential!**

Thanks & Regards,

(Manju Sharma)  
Principal