



E-GENESIS

THE SCHOOL NEWSLETTER
JANUARY 2022



E-GENESIS

The School Newsletter
MPS INTERNATIONAL



The Editorial Team

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From the Desk Of...

Honorary Secretary



Dear students,

Every flower that blooms must wither; every particle of water that evaporates must descend as rain; every day that rises must recede into night. But, with every wither rises a new flower, with every drop of rain the sprouts of a new seed, and after every night comes a day as bright.

This new year I wish all of you abundant health, composure, kindness and more humanity. We all have witnessed abrupt changes in our schedule, which have hampered not just our scholarly life, but our personal one too. Yet, I want you to know that the school and its people stand with each and every one of you. I am faithful that a new year will manifest more recovery, more wealth and more safety. Let's build a year that allows each one of us to find opportunities to be more kind and compassionate. May this fresh start render our beings as fresh as it is.

Happy New Year!

“From light comes darkness, and from darkness; light!
So long has it been, the grail of holiness; never
parched but now stands quenched to the air,
So long a start!!!!”

Nirmal Dargar
Secretary (MPS International)



From the Desk Of...

Respected Principal



Holding a lot of prosperity, soaring high with all aspirations and also longing enough to accumulate all joys, we are all set to sail around another promising year of 2022.

Those colorful pieces of paper, cut into triangular shape fastened with the thread have always taught everyone a lesson or two about life.

A kite is a symbol of great aspirations and balance in life. A kite isn't a kite if it remains merely as a piece of paper lying on the ground and not fulfilling its purpose of flying. A kite is not meant for decoration, it is meant for lifting itself high above the ground, chasing the appropriate direction of the wind and at last managing itself well with all low dips and high rises to sustain in the sky. Similar are our aspirations in life, if they remain confined to our mind, not getting baked by our efforts, not chasing any destination become equivalent to the dormant state of kite.

So, a person who wants to fly or desire to achieve something needs to get off the ground, needs to lift himself/herself high above all negativity, doubts, fear, hopelessness and fly against the wind to stand all trials and tribulations, to emerge stronger, more purposeful and experienced and last but not the least reach its destination or meet its aim.

No matter how potentially good a kite is, it will not fly well if we do not balance the string and the line. Our life is all about balance. Balancing the good with the bad, our needs with our wants, our passion with our commitment, our expectations with reality, our weakness with strengths, our hopes with sudden despair etc. Balance is the pre-requisite to keep soaring and not to forget our purpose and ultimate destination.

Dear students, the kite of your efforts may just fall prey to another kite in the sky despite of your best efforts, but the lesson to be learnt here is that just as we take the decision to fly a new kite eventually, we must treat every new day as a fresh experience, and carry on with all our efforts towards chasing our aspirations with perfect balance in life. Sooner or later a day will come when our aspirations will find its ultimate destination. Let us lift our spirits higher and bring profound willingness to fly higher like a kite. No matter the circumstances obstruct our way or expectations fail to meet their way, we will always try, try and try. I would sum up with this short poetry.

Rise till the knowledge meets with intellect,
Give our life a purpose with great wisdom and tact.

Rise till all human aspects get developed,
And do not let any hurdle to interrupt.

Rise till all desires and aims get fulfilled,
On pillars of determination, let new aspirations get built.

Rise till all contentment fills our soul & make it brighten,
Let all ignorance get vanished & our fear get frightened.

Rise till our vision gets clarity and become more clear,
Towards the purpose of life, remain no despair.

Rise till happiness surrounds us and meet infinity,
Let us all become humans in true sense and work for humanity.

Wishing you all the joy of the season and wonderful New Year.

Archana Singh
Principal (MPS International)



From the Desk Of...

Respected Vice Principal



My dear students!

As a generation of people, we've spent an unprecedented amount of time stuck to our screens, not for any other but novel reasons. I understand that a new year instills an inevitable optimism. Spirits to start fresh and leave behind what burdened us, be that the burden of keeping up with our daily tasks or emotional availability in these struggling times.

But, dear students, we are all human and struggle is but one ground to sow the seeds of betterment in. It's not until a farmer tills the soil that the crops we consume can grow, however fertile may the soil be. We must resolve to attend to one task at a moment, just like one breath at a time. The new year brings a fresh start for a reason; it is a fresh gush of energy and a chance to redeem our faith in the wonders of life and change.

To a fresh start!

Manju Sharma
Vice Principal (MPS International)



The School News

VACCINATION CAMP ORGANIZED

To protect its students from Covid-19, a free vaccination camp was organized for the first dose of corona vaccine for the students of 15 to 18 years of age at MPS International. In the camp, the students enthusiastically got the vaccination done. The chief guest of the program was famous social worker Mr. Krishna Prakash Malpani, ECMS President Mr. Pradeep Baheti, Vice President Mr. Ramesh Kumar Somani, Secretary Mr. Nirmal Dargar, Building Minister Mr. Bhavani Shankar Baheti, with special guest Mr. Mahavir Nuwal and Enlightened Officials. MMC Members and the Principal encouraged the students. Chairman Mr. Pradeep Baheti said on this occasion that vaccination and precautions are the only way to save adolescents from this pandemic. Everyone should strictly follow the Covid-19 rules to avoid coronavirus. He laid special emphasis on the necessity of masks while following social distancing.



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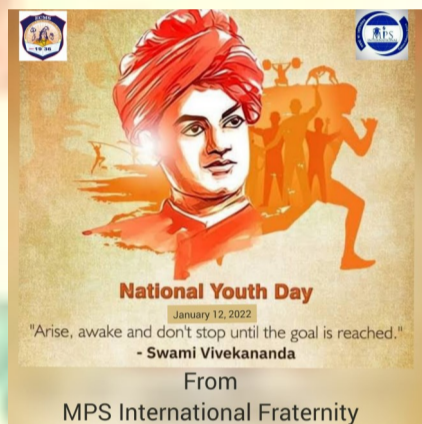
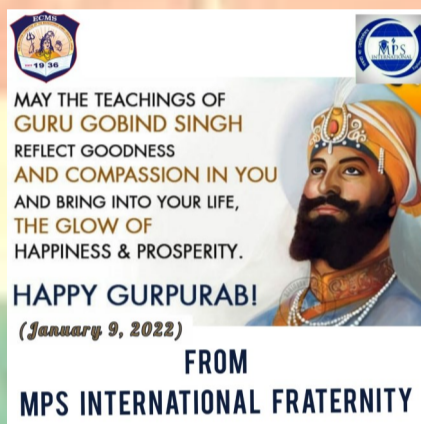
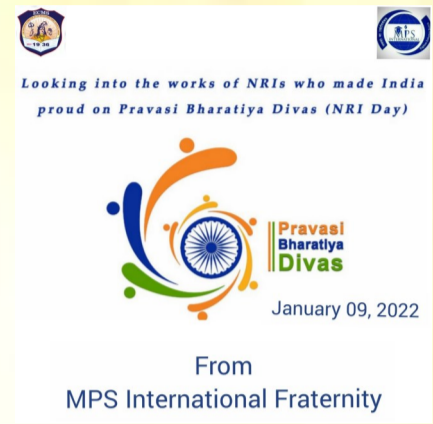
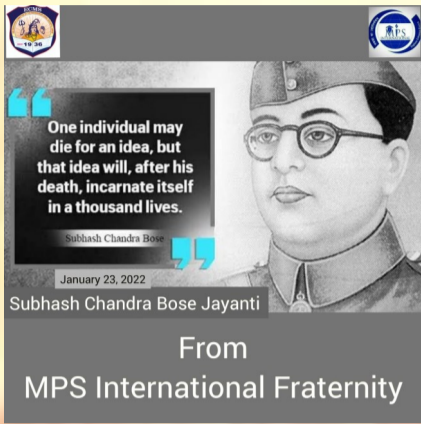
REPUBLIC DAY CELEBRATED

Republic Day was celebrated with enthusiasm following the Corona guidelines in the school. On this occasion, Chief Guest Mr. Manoj Kalya, Secretary Mr. Nirmal Dargar, Building Secretary Mr. Bhavani Shankar Baheti, MMC members, and Principal Ms. Archana Singh started the program by unfurling the tricolor. A captivating rendition of the collective patriotic songs 'Chodo Kal Ki Baatein' and 'Bharat Humko Jaan Se Pyara Hai' was given by the Music Department. On this auspicious occasion of Republic Day in school, debate, speech, and Quiz competitions were also organized online. Students were encouraged to adopt a positive attitude by the chief guest. He gave the message of moving forward in the service of the nation and humanity with high spirits. ECMS President Mr. Pradeep Baheti and Treasurer CA Natwar Sarda, while wishing the Republic Day, motivated them to follow their duties firmly. School Secretary Mr. Nirmal Dargar in his address said that we all have to work together following our constitutional traditions and make a developed and clean country. In the end, the Principal expressed her thanks to everyone and celebrated Republic Day.

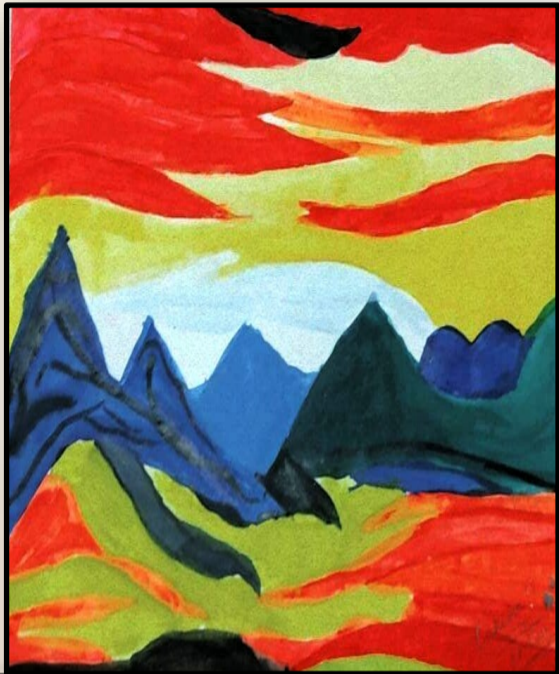


The School News

WISHES ON THE OCCASION



Creative Juvenile



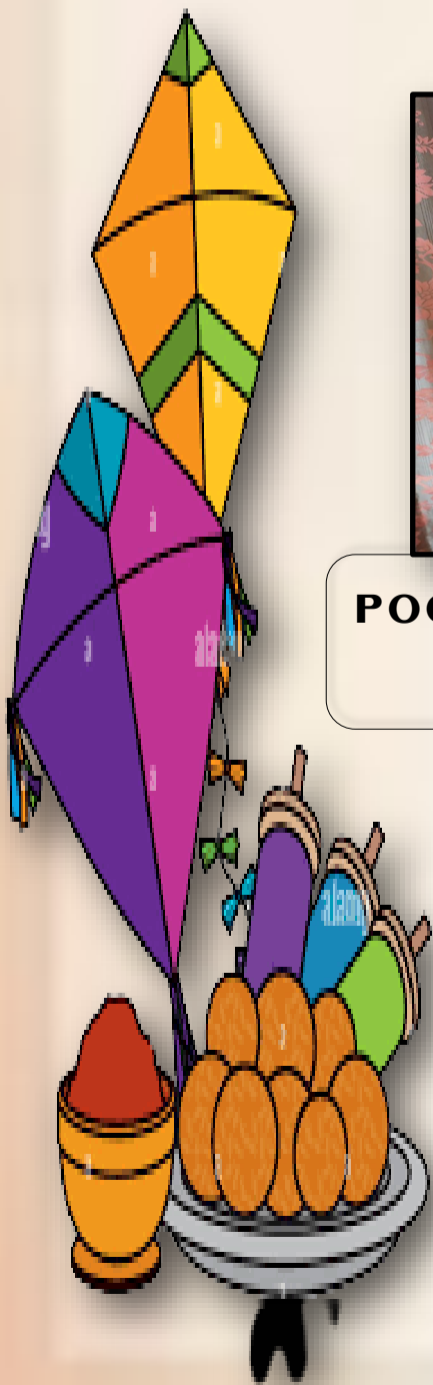
LAKSHA MAHESHWARI

V - A



MAHI MAHESHWARI

V - A



POORVI TAHALIANI

II - E



RAINY DAY

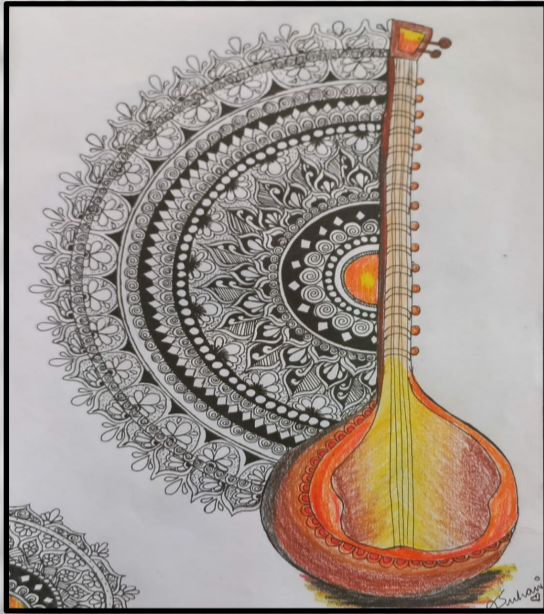
Here comes the rainy day,
Clouds turn grey,
Sky becomes dark,
Stay safe at home,
Don't go to the park
It rains on umbrella,
It rains on fields and
Watching all raindrops
Not falling on me.
With all the greenery,
It appears like a beautiful scenery.
We are thankful to rain,
As it brings and sends all the illness into.

KAVYA GANWANI

III-C



Vivacious Youth



SUHANI MAHESHWARI
IX- G



उड़ान

दूर क्षितिज तक लंबी कोई, हम सब उड़ान भरते हैं।
मार्ग कठिन यह लगता हमको, लक्ष्य दिखे अब पास नहीं,
तीव्र हवाओं को भी देखो, उड़ना होता रास नहीं,
पर हर काँटे, कठिनाई को, सरल सुगम हम करते हैं,
दूर क्षितिज तक लंबी कोई, हम सब उड़ान भरते हैं।
स्वप्नों के आकाश तले अब, हम दुख सभी भुलाते हैं,
पंख हमारे जो चंचल हैं, चलो! इन्हें फैलाते हैं,
पंख पसारे नील गगन में, खग-सा चलो विहरते हैं,
दूर क्षितिज तक लंबी कोई, हम सब उड़ान भरते हैं।
छूनी सभी बुलंदी हैं अब, पैर धरा पर रखकर ही,
जोश नहीं थोड़ा भी खोना, रहना सदैव तत्पर ही,
हैं जल्बा, हैं जोश रंगों में, इनसे नहीं मुकरते हैं,
दूर क्षितिज तक लंबी कोई, हम सब उड़ान भरते हैं।

GUNJIT JAIN

XII- B



VINAMRA SHARMA
XII - G



PAVNI PATHAK

VII - A



Vivacious Youth

PREPARATION

My dear schoolmates,

As the term 2 examinations are approaching, I would like to express my views on common problems being faced by the students in these last 2-3 months before Exams.

(1) Distractions

In Geeta lord Krishna said-

आवृतं ज्ञानमेतेन ज्ञानिनो नित्यवैरिणा।
कामरूपेण कौन्तेय दुष्पूरेणानलेन च॥

I am sure you would not be able to figure out what this verse is saying.

So let me explain- It means, the knowledge of even the most discerning gets covered by this perpetual enemy in the form of insatiable desire, which is never satisfied and burns like fire, O son of Kunti.

This verse explains why you are distracted in these last days even though exams are nearby.

Distraction comes as a desire. Only you can overcome this desire. Yes, it can't be controlled by anyone else.

(2) Lack of motivation

Again, here I would like to mention a verse of Geeta said by Krishna Ji

क्लैब्यं मा स्म गमः पार्थ नैतत्त्वय्युपपद्यते ।
क्षुद्रं हृदयदौर्बल्यं त्यक्त्वोत्तिष्ठ परन्तप

Seriously this is going to be the hardest motivation for you. No matter in which class are you.

This verse says

“HAI KUNTI PUTRA (ARJUN) THIS DEMOTIVATION DOES NOT BEFIT YOU.”

Same here, Yes, you are a topper this tiredness does not befit you.

Come on! You can score 90% or above.

You are a topper.

Hope this article found to be helpful :)

PRADYUM SHARMA

VIII-B



RIDDHIMA DADHICH

VII - A



JHALAK

XI - H



Vivacious Youth

HEALTHY NARCISSISM

There is no I in the team but there are two I in narcissism."

Can narcissism be healthy? I mean we do associate this word with extreme vanity, not modesty. How could extreme vanity be healthy? Well, it can be, this term "healthy narcissism" was coined by Paul Federn and gained prominence in the 1970s through the research of Heinz Kohut and Otto Kernberg.

Everything has two perspectives, just like a coin has one head and one tail. And just like coins narcissists has also two sides. The ability to admire and accept one's identity gives you joy. Happiness is always healthy. We need to make sure that happiness is one's pride should not turn into an obsession. A healthy sense of self-esteem and self-pride is good. But at the same time, the ability to appreciate others and empathize with them is magnificent. Everybody does not dare to do so. There is a short gap between healthy narcissism and unhealthy narcissism. The only way to correct extreme self-adulation is to have gratitude, joy, and a healthy perspective.

Healthy narcissism includes a solid sense of self-esteem and self-worth. This system is a well-oiled machine of admirers of beauty. They only look at the beauty of humanity through a broken lens when it is a spectrum. So, the fact is we all should be a healthy narcissists to feel proud of ourselves. Adorning oneself is so important because it helps you to cope with anxiety and depression. Also gives you a sense of pride and happiness in every walk of your life.

To conclude I would like to quote the words of Robert Morley The Secret to Happiness: "To fall in love with yourself is the first secret to happiness."

JHALAK

XI-H



PALAK SHARMA

XII - G



Vivacious Youth

POWER OF SPEECH

"The power of speech is the ability to express a lot in a few words"

Someone's always offended by something we say, is it a speech in a socialist way?

Perhaps it's a ego that has caused our affright, disagreement, then become social media fight Daily I'm offended by something in my sight, but I quickly remember that they too have a right We appear set in our ways refusing to bend, I think the main reason, is we're just too thin-skinned. "Raise your voice for real causa, not a reel's cause."

GURUSHA SHARMA

VIII- D



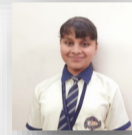
NAITIK SHARMA

VIII- B



KUSHI BAGADIA

VI- E



HOPE

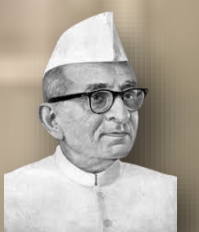
'Hope' is the thing with feathers
That preaches in the soul-and sings
The tune without words-and
Never stops at all

And sweetest in the gale is heard
And sore must be the storm
That could abash the little bird
That kept so many warm

I have heard it in the chilliest land and
On the strangest sea yet never
In extremity It asked a crumb of
Me.

TANISHA SHARMA

IX - G



Teacher's Corner

Look Inside Yourself

It is absolutely true that there are many possibilities, ideas, and talents hidden within us. The thing which is most full and rich in this world is the human beings. If someone says that he has nothing to give, they do not know himself.

We never tried to know ourselves. We want to get information from all over the world, we have thousands of ways for that, but we do not adopt a single way of knowing ourselves because we think that we are nothing.

We ourselves underestimate, so they are not able to use even some percentage of their own feelings.

That's why thousands of new ideas kill the treasure of creativity and talent within themselves. People come to know about new ideas only when they come out of someone's mind.

That's why after the defeat of Ravana in the war, Lord Rama sent Lakshmana to Ravana to get his knowledge.

When even a small straw is important in this world, we are still human beings, full of intelligence, emotion, and talent, we should always keep searching and groping ourselves. We are not born just to eat, sleep and enjoy. He should create, think and develop skills during his lifetime. Responsibilities Even an animal performs for itself and its family, it is a matter of thinking about what we are doing apart from them as human beings.

If everyone thought the same way, then whatever invention, technology, and innovation are being seen in the world today, it would not have happened. Some people say that the innovations they make are special. God has fitted a different device in them. I say there is nothing like this, they too would have been normal human beings like us if they had not discovered themselves. Look inside and see when you can produce new creations i.e., children. Meaning you also have the capability of creation.

Remember when your children were young, you used to have so many new ideas to make them happy, how many new ways you taught them to eat, walk and speak. If you did not have innovation within you, how would you do all this? But you did because you also have the ability in you, just you have not recognized it yet.

Recognize, do something to improve yourself, or else when the best person like you leaves this world.

Answer me one thing, how much have you taken from this nature, what have you given to breathe, life, food? Nothing. Will he be given a dead body that decomposes in a few hours? Don't give your unique ideas, don't do anything with your talent that will make the life of others better. create something, Start thinking for yourself today. Because you are not born just to eat, sleep and fulfil responsibilities. You are not useless; you can also be of help to someone

Just take a few minutes out of 24 hours for yourself apart from the work necessary to stay alive so that what you have taken from this nature, you can give something to this country, something that will remain alive even after you.

VIJAYLAXMI JANGID
TEACHER



Teacher's Corner

चलो हम हाथ बढ़ाएँ

मानव और मदद का नव सम्बन्ध बनाएँ ।
चलो , हम हाथ बढ़ाएँ ॥

मात प्रकृति ने आदि काल से जीवन पाला
ऋतुओं ने मिल तन को अनुकूलन में ढाला ।
गिरि गह्वर सरिता वन निझर का ऋण बाढा
धरती माँ का रक्त शिराओं का है जाला ॥

पंचकोश को पंचभूत रक्षण सिखलाएँ ।
मानव और मदद का नव सम्बन्ध बनाएँ ॥
चलो , हम हाथ बढ़ाएँ ॥

दान - दाय और दत्त भिन्न कर्तव्य हमारे
मानवता है हम पहुँचें जब दीन पुकारे ।
शुद्ध - बुद्ध - समृद्ध - मुक्त की पावनी धारा
निर्मल नीर बहा धरती का अजिर बुहारे ॥

न्याय - नीति - ममता - समता हम सब अपनाएँ ।
मानव और मदद का नव सम्बन्ध बनाएँ ॥
चलो , हम हाथ बढ़ाएँ ॥

आपद - विपद सभी के जीवन में आती हैं
सम्बल पाकर दुख की घड़ियाँ कट जाती हैं ।
मानवता ही पथ प्रशस्त करती है युग का
प्रेम - स्नेह - सौहार्द अखण्ड दीप बाती है ॥

हारे मन को अवलम्बन दें साथ निभाएँ ।
मानव और मदद का नव सम्बन्ध बनाएँ ॥
चलो , हम हाथ बढ़ाएँ ॥

MANJU SHARMA
TEACHER



Defining LIFE

Lord Buddha rightly said- "Life is like a river-
always flowing. Do not hold onto things. Work
Hard."

Life appears to be like a river, a continuous pro-
gression of events and like a river it can hold
nothing for a long time. We must learn to adapt
the change. Anything held for too long can never
be prolific. Situations, dreams, wishes, relations,
crushes, admirations— they all change and ulti-
mately we adapt the change. After all, it's all
about 'survival of the fittest'. Holding strongly
only crushes the butterfly and therefore teaches
a lesson never to hold on for too long.

We overcome the nightmares by simply ignoring
and forgetting them. So never cling on something
which is imperishable but instead be buoyant
and gratified.

While trying honestly to bring together the bro-
ken pieces of glasses, you'll only be hurt and the
glass will remain silent like it had been always.

So the mantra is to live like a river. It absorbs
everything ----- different pollutants, blessings
from temples, symbols of festivals, token of
wishes made by several people, ashes of dead
ones and dead moments, memoirs of pain and
happiness and many more. But it never stops ---
-- it always runs.

MANORAMA MOOKIM
TEACHER



Teacher of the Month



Ms Hina Nayyar



Ms Archana Biyani

Student's Corner

REPUBLIC DAY

The Indian Republic Day is observed with great patriotism and pride all around the country. At Rajpath in Delhi, India's President hoists the national flag. Spectators are treated to magnificent parades by regiments of the Indian Army, Navy, Air Force, police, and paramilitary forces. India's defence capability is also on show, with the newest missiles, planes, and weapon systems. During the march, beautiful tableaux depicting the diversity of India's states are also displayed. The Indian military normally put on a number of air shows and fly pasts to round off the festivities.

This year marks the 73rd anniversary of India's Republic Day.



"I hope this email finds you well"
How the email found me:



When you cut your hair and instantly regret it



every masterpiece has its own copy



sequacious

adjective [si-kwey-shuhs]

following, imitating, or serving another person, especially unreasoningly.

pawky

adjective [paw-kee]

cunning; sly.

shirty

adjective [shur-tee]

bad-tempered; irritable; cranky.

Happy Parents

My name is Deepika Maheshwari, and I am the mother of Suhani and Mahi Maheshwari.

I have always trusted the MPS INTERNATIONAL school faculty and they have never let me down. I am very happy that my daughters are studying in a school where they can have perfect interaction with someone who is focusing on them and helping them with their problems. I have often heard my daughters praising the school. Not only the teachers but also the work staff is so friendly and care about them.

Deepika Maheshwari

Mother of Suhani Maheshwari IX-G and Mahi Maheshwari V-A



Hello,

I am Sapna Sharma, mother of Tanisha Sharma and Kunsh Sharma of classes 9th and 6th respectively.

I would like to thank the MPS INTERNATIONAL faculty for building the confidence of my children not just in studies but also in co-curricular activities. I am very proud to have my children enrolled in this school. The school staff is very supportive, and the teachers always give wings to the students to touch the sky of their dreams.

Sapna Sharma

Mother of Tanisha Sharma IX-G and Kunsh Sharma VI-D

